

APPLICATION STEPS

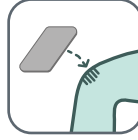
- Once a day • 6 plasters max at the same time
- Max 5% of total body area • Treatment 30 Days max



Step 1:

Prepare the surface to be treated

- If needed, trim any nearby hair to ensure a good clean surface for adhesion
- If you have been advised to use emollient creams or ointments alongside the plaster, avoid the plaster when applying
- Always allow 30 minutes before applying a new plaster (for example the time to have a shower)
- Clean and dry hands, and the area to be treated
- Do not use if under 18 years of age



Step 2:

Applying the medicated plaster

- Remove a plaster from the envelope, cutting along the dotted line
- Hold the plaster against the lesion, and if needed cut the plaster to size*
- Apply the adhesive side of the medicated plaster to the affected area
- Gently press and smooth in place
- Make sure you remove the protective film
- Wash your hands



Step 3:

Maintenance

- Any unused part may be placed back in the envelope for use at the next application (always use within one month)
- Apply the adhesive strips to secure in place, if required
- Once applied, the skin and plaster must not come into contact with water
- Do not cover the medicated plaster with occlusive material or dressing



Step 4:

Changing the medicated plaster

- After 24 hours, gently remove the plaster
- Wait 30 minutes before applying a new plaster (for example the time to have a shower)
- Dry the area to be treated before applying a new plaster
- Do not reuse after initial application
- Do not flush down the toilet after use

***See our online video and cutting templates at [betesil.co.uk](https://www.betesil.co.uk)**

You can help to make sure that medicines remain as safe as possible by reporting any unwanted side effects via the internet at www.mhra.gov.uk/yellowcard Alternatively you can call Freephone 0800 731 6789 (available from 10am to 2pm Mondays to Fridays) or fill in a paper form available from your local pharmacy.

Date of Preparation: November 2021