

Coconut Oil Compound

Coal Tar Solution 12% w/w Salicylic Acid 2% w/w Sulfur for External Use 4% w/w



## For the treatment of scaly scalp conditions



## Scalp Psoriasis Psoriasis is a skin condition that can affect any

part of the skin surface but most commonly appears on the elbows, knees and scalp. It usually appears as red, raised, scaly patches

known as plaques. Scalp psoriasis may also involve the hairline, the forehead, behind the ears and the back of the neck. It can range from mild with slight fine scaling to

very severe, with thick adherent scaling covering the entire scalp. This can in some cases cause hair loss, but the hair will normally grow back once the inflammation and scale has cleared. Psoriasis can be itchy, and may make the scalp feel tight

and uncomfortable. It can also cause embarrassment if there is a lot of visible scale.1

Seborrhoeic Dermatitis & Dandruff 'Dermatitis' is a red, itchy, flaky (inflamed) skin

complaint; 'seborrhoeic' means that the rash affects greasy (sebaceous) skin zones such as the face, scalp and centre of the chest. Seborrhoeic dermatitis is very common and

Overall it has been reported to affect about

many people don't even know they have it.

scalp) can affect almost half of all adults.4

and dandruff (which is mild seborrhoeic dermatitis of the



11,079,174



Co.) is the original formulation from St Johns Institute of Dermatology in London created over 70 years ago! Ever since it has been used as a trusted treatment for scalp conditions used by dermatologists and doctors spanning generations.

Coconut oil compound ointment (Ung. Cocois

## by thousands of patients for the treatment of common scaly scalp disorders such as: Psoriasis\*

Eczema

Seborrhoeic dermatitis Dandruff Sebco softens and removes the scale as well as having mild antipruritic and antiseptic properties. \*NICE recommend a topical treatment containing salicylic acid and

oils as a second line treatment for patients with scalp psoriasis.<sup>5</sup>

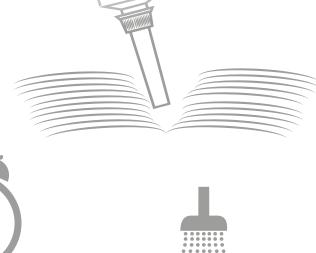
How to apply Sebco™



## Remove the cap and screw applicator onto tube

Part the hair at the point of the affected area

**3** Apply Sebco<sup>™</sup> to affected area



4 Leave for one hour Wash out with warm water

and mild shampoo Repeat daily for 3-7 days until scale is brought under control



Use intermittently as necessary to keep scale under control

Hererences:

I. Guy's and St Thomas' NHS Foundation Trust, St John's Institute of Dermatology [website], https://www.guysandstthomas.nhs.uk/resources/patient-information/dermatology/treating-scalp-psoriasis.pdf.

2. NICE, Psoriasis: assessment and management [website], <a href="https://www.nice.org.uk/quidance/cg153/chapter/introduction">https://www.nice.org.uk/quidance/cg153/chapter/introduction</a>, (accessed 9th November 2020). 3. AllergyUK, Eczema/Dermatitis [website], <a href="https://www.allergyuk.org/information-and-advice/conditions-and-symptoms/35-eczema-dermatitis">https://www.allergyuk.org/information-and-advice/conditions-and-symptoms/35-eczema-dermatitis</a>, (accessed 9th November 2020).

Abbreviated Prescribing Information Sebco™ Prescribing Information

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Presentation: Ointment containing coal tar solution 12%, salicylic acid 2%, sulfur for external use 4%. Uses: Treatment of common scaly scalp disorders such as psoriasis, eczema, seborrheic dermatitis and dandruff. Dosage: Gently rub into scalp, leave in contact for approximately one hour. Wash out using warm water and mild shampoo. For severe scalp conditions, use daily for 3-7 days until improvement is obtained then intermittently as necessary. For less severe conditions such as dandruff use intermittently as necessary, e.g. once a week. If symptoms persist after 4 weeks consult your doctor. For children 6-12 years use under medical supervision only. Not recommended for use on children under six years. Contraindications: Skin infections of the scalp, or known sensitivity to any of the ingredients. Use in Pregnancy and Lactation: To be used at the discretion of the prescribing doctor. Warnings and Precautions: Instruct patients not to smoke or go near naked flames doctor. Warnings and Precautions: Instruct patients not to smoke or go near naked flames - risk of severe burns. Fabric (clothing, bedding, dressings etc) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may

National Institute for Health and Care Excellence, Psoriasis [website], <a href="https://bnf.nice.org.uk/treatment-summary/psoriasis.html">https://bnf.nice.org.uk/treatment-summary/psoriasis.html</a> (accessed 9th November 2020).

British Association of Dermatologists, Seborrhoeic Dermatitis [website], <a href="https://www.bad.org.uk/for-the-public/patient-information-leaflets/seborrhoeic-dermatitis">https://www.bad.org.uk/for-the-public/patient-information-leaflets/seborrhoeic-dermatitis</a>, (accessed 9th November 2020).

reduce product build-up but not totally remove it. Avoid contact with eyes, and any areas of broken skin. Coal tar may stain clothes and jewellery. Remove or protect these items during treatment. Side Effects: May cause skin irritation, folliculitis and rarely photosensitivity. In the event of such a reaction, discontinue use. Prescribers should consult the Summary of Product Characteristics in relation to other side effects. Pharmaceutical Precautions: Store below 25°C. Do not refrigerate. Replace the cap after use and return tube to carton. Discard tube no later than 4 weeks after opening. Package Quantities: 100g tube, 40g tube. Basic NHS Price: 40g £7.91, 100g £13.38. Legal Category: GSL. Marketing Authorisation Number: PL 19876/0001. Full prescribing information is available on request. Marketing Authorisation Holder: Derma UK Ltd, The Toffee Factory, Lower Steenbergs Yard, Ouseburn, Newcastle upon Tyne NE1 2DF, UK. "Sebco" and "Derma UK" are registered Trade Marks. Date of Revision of Text: November 2020.

Adverse events should be reported. Information about adverse event reporting can be found at <a href="https://www.mhra.gov.uk/yellowcard">www.mhra.gov.uk/yellowcard</a>. Adverse events should also be reported to Derma UK Ltd, UK on 0191 375 9020.

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