

# APPLICATION STEPS

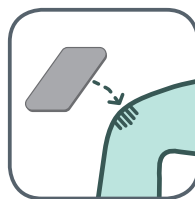
- Once a day • 6 plasters max at the same time
- Max 5% of total body area • Treatment 30 Days max



## Step 1:

Prepare the surface to be treated

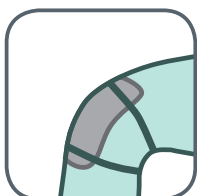
- If needed, trim any nearby hair to ensure a good clean surface for adhesion
- If you have been advised to use emollient creams or ointments alongside the plaster, avoid the plaster when applying
- Always allow 30 minutes before applying a new plaster (for example the time to have a shower)
- Clean and dry hands, and the area to be treated
- Do not use if under 18 years of age



## Step 2:

Applying the medicated plaster

- Remove a plaster from the envelope, cutting along the dotted line
- Hold the plaster against the affected area, and if needed cut the plaster to size (allow for a 5mm border\*)
- Apply the adhesive side of the medicated plaster to the affected area
- Gently press and smooth in place
- Make sure you remove the protective film
- Wash your hands



## Step 3: Maintenance

- Any unused part may be placed back in the envelope for use at the next application (always use within one month)
- Apply the adhesive strips to secure in place, if required
- Once applied, the skin and plaster must not come into contact with water
- Do not cover the medicated plaster with occlusive material or dressing



## Step 4:

Changing the medicated plaster

- After 24 hours, gently remove the plaster
- Wait 30 minutes before applying a new plaster (for example the time to have a shower)
- Dry the area to be treated before applying a new plaster
- Do not reuse after initial application
- Do not flush down the toilet after use

**\*See our online video and cutting templates at [betesil.co.uk/patient](https://betesil.co.uk/patient)**

You can help to make sure that medicines remain as safe as possible by reporting any unwanted side effects via the internet at [www.mhra.gov.uk/yellowcard](https://www.mhra.gov.uk/yellowcard) Alternatively you can call Freephone 0800 731 6789 (available from 10am to 2pm Mondays to Fridays) or fill in a paper form available from your local pharmacy.

Date of Preparation: November 2018